

Well-being Objective 2: Cardiff is a great place to grow older

Cardiff Assessment of Local Well-being

Nb: This assessment has been carried out using the most recently available data. In many cases this does not capture the full impact of the global COVID-19 pandemic. The pandemic also saw the suspension of collection of some datasets.

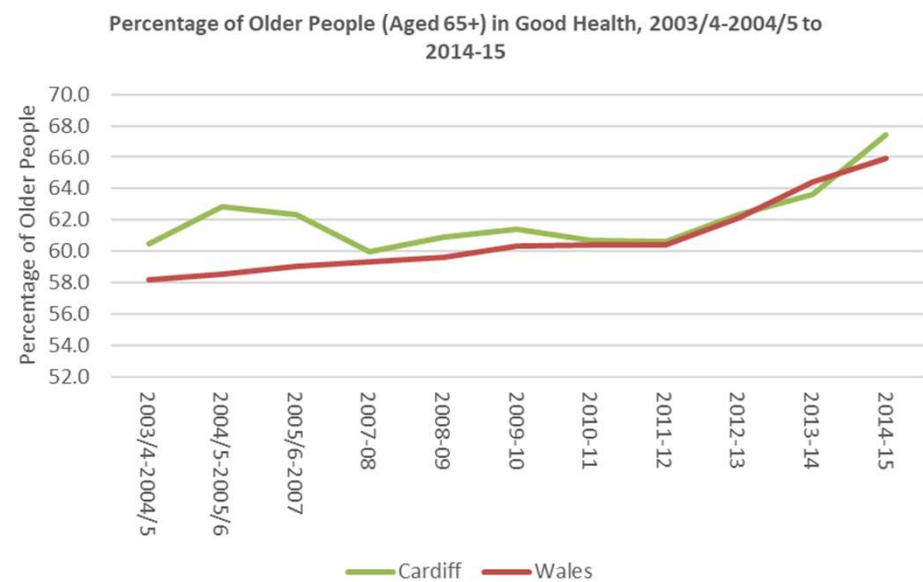
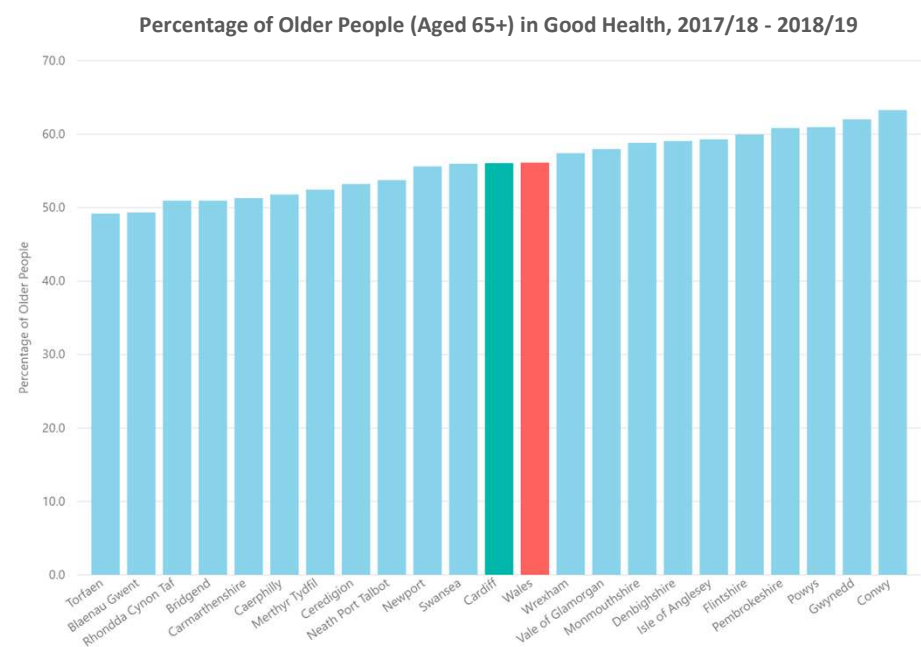
This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg

Indicators

1. Percentage of people aged 65+ who reported their general health as being very good or good
2. Life satisfaction amongst older people
3. Percentage of people aged 65+ reporting they felt involved in any decisions made about their care and support
4. Percentage of people aged 65+ reporting they received the right information or advice when they needed it
5. Percentage of people age 65+ reporting they live in the right home for them
6. Percentage of people aged 65+ reporting happy with the support from my family, friends and neighbours (*Proxy question for Percentage of people age 65+ reporting loneliness*)
7. Dementia Projections
8. Percentage of older adults of a healthy weight, persons aged 65+
9. Hip fractures among older people
10. Older people supported in the community, per 1,000 population 65+
11. Number of care and support packages provided
12. Domiciliary Care – Number of service users and hours of care provided
13. Number of people requiring residential and nursing care services

1. Percentage of people aged 65+ who reported their general health as being very good or good

- Key Points:**
- Just over half of older people aged 65+ in Cardiff (56.1%) consider themselves to be in good health (18/19 figures).
 - Time series data (available up until 14/15) shows an improving trend
 - Historic data showed that at ward level, the 65 year old male healthy life expectancy inequality gap as 10.5 years and 12.1 years for females. Males in Adamsdown can expect to spend a quarter (24.8%) of their remaining life in good health compared to an expected two-thirds (65.4%) for those living in Lisvane. For females the figures are 23.5% and 56.9% respectively. Data is not available for this beyond 2013.

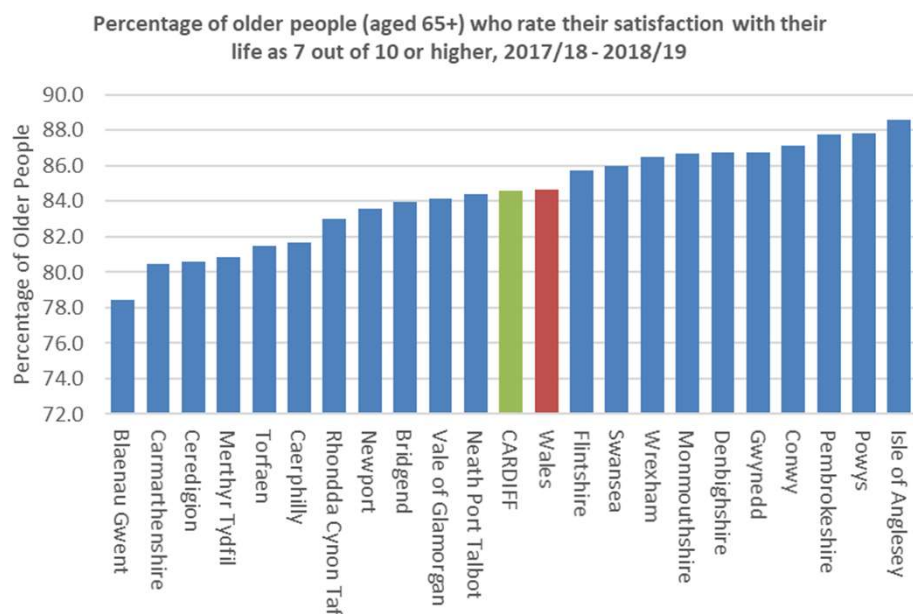


Source: Public Health Wales

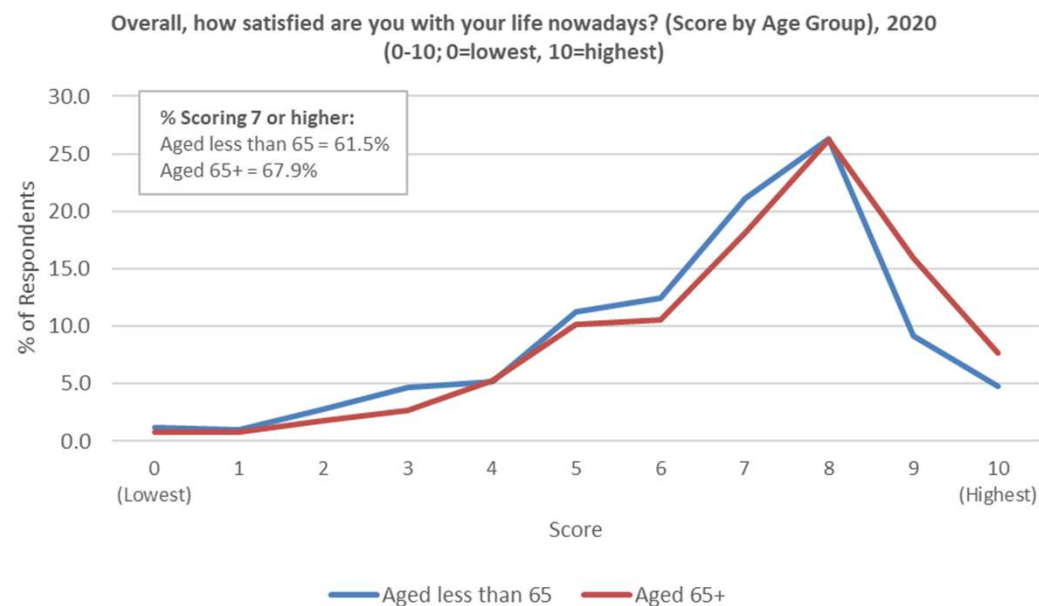
2. Life satisfaction amongst older people

Key Points:

- Public Health Wales Survey 2018/19 (latest data available) - Life satisfaction amongst older people in Cardiff is just below the Wales average.
- Ask Cardiff Survey 2020 - A higher proportion of older people aged 65+ compared to people under the age of 65 reported their life satisfaction as 7 out of 10 or higher



Source: Public Health Wales



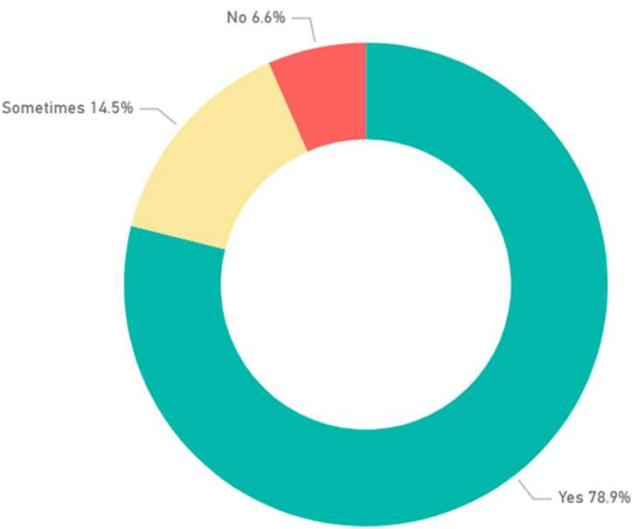
Source: Cardiff Council - ASK Cardiff Survey

3. Percentage of people aged 65+ reporting they felt involved in any decisions made about their care and support

Key Points:

- Nearly four fifths felt actively involved in decisions made about their care and support.

Percentage of people aged 65+ reporting they felt involved in any decisions made about their care and support – 2019-20



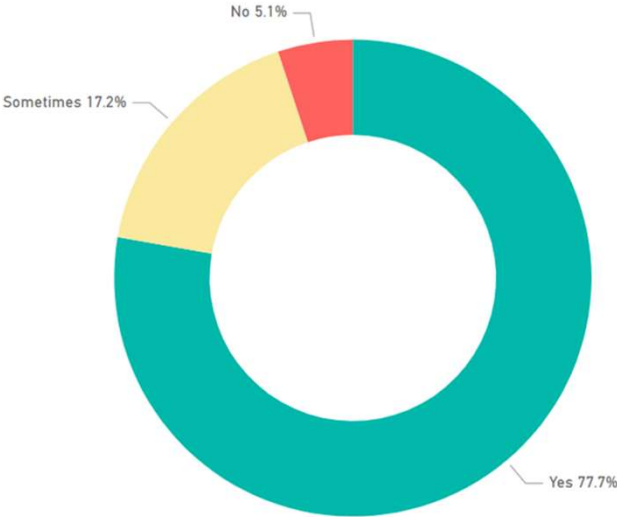
Cardiff						
I have been actively involved in decisions about how my care and support was provided (Cardiff Council Social Services & Wellbeing Survey)						
	2017-18		2018-19		2019-20	
	No.	%	No.	%	No.	%
Yes	251	76.8	362	78.4	228	78.9
Sometimes	58	17.7	73	15.8	42	14.5
No	18	5.5	27	5.8	19	6.6
Grand Total	327	100.0	462	100.0	289	100.0

Source: Social Services & Well-being Survey, Cardiff Council

4. Percentage of people aged 65+ reporting they received the right information or advice when they needed it

- Key Points:**
- Nearly four fifths felt they had received the right information or advice when they needed it

Percentage of people aged 65+ reporting they received the right information or advice when they needed it



Cardiff						
I have had the right information or advice when I needed it (Cardiff Council Social Services & Wellbeing Survey)						
	2017-18		2018-19		2019-20	
	No.	%	No.	%	No.	%
Yes	320	82.5	441	80.2	276	77.7
Sometimes	55	14.2	89	16.2	61	17.2
No	13	3.4	20	3.6	18	5.1
Grand Total	388	100.0	550	100.0	355	100.0

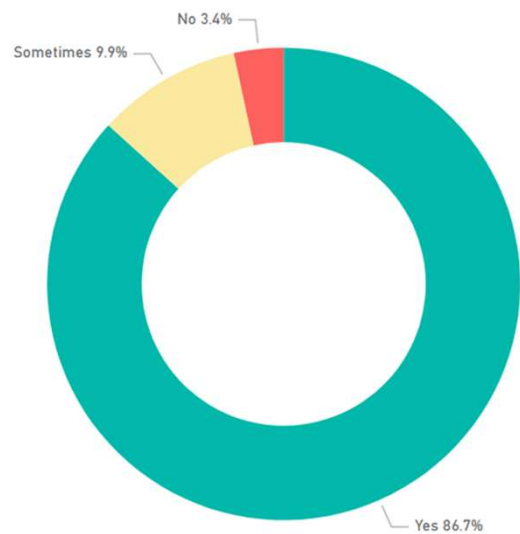
Source: Social Services & Well-being Survey, Cardiff Council

5. Percentage of people aged 65+ reporting they live in the right home for them

Key Points:

- On average, 87.3% of respondents reported they lived in the right home for them between 2017/18 and 2019/20 (latest data available)

Percentage of people aged 65+ reporting they live in the right home for them – 2019-20



Cardiff						
I live in a home that best supports my well-being (Cardiff Council Social Services & Wellbeing Survey)						
	2017-18		2018-19		2019-20	
	No.	%	No.	%	No.	%
Yes	364	89.2	493	86.2	307	86.7
Sometimes	35	8.6	56	9.8	35	9.9
No	9	2.2	23	4.0	12	3.4
Grand Total	408	100.0	572	100.0	354	100.0

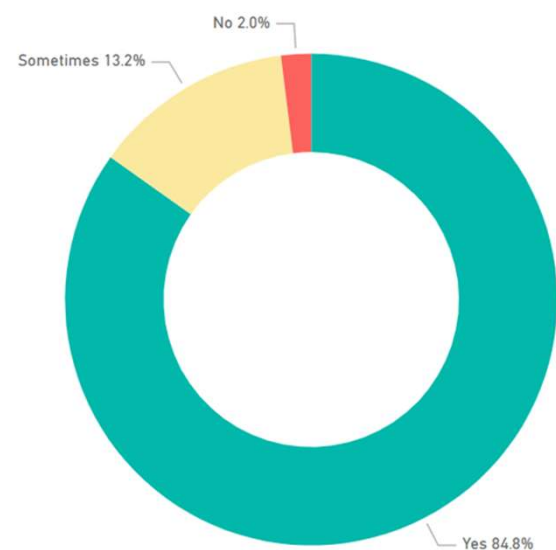
Source: Social Services & Well-being Survey, Cardiff Council

6. Percentage of people aged 65+ reporting happy with the support from my family, friends and neighbours

Key Points:

- On average, 84.9% of respondents reported they were happy with the support from family, friends and neighbours between 2017/18 and 2019/20. (latest data available)

Percentage of people aged 65+ reporting happy with the support from my family, friends and neighbours

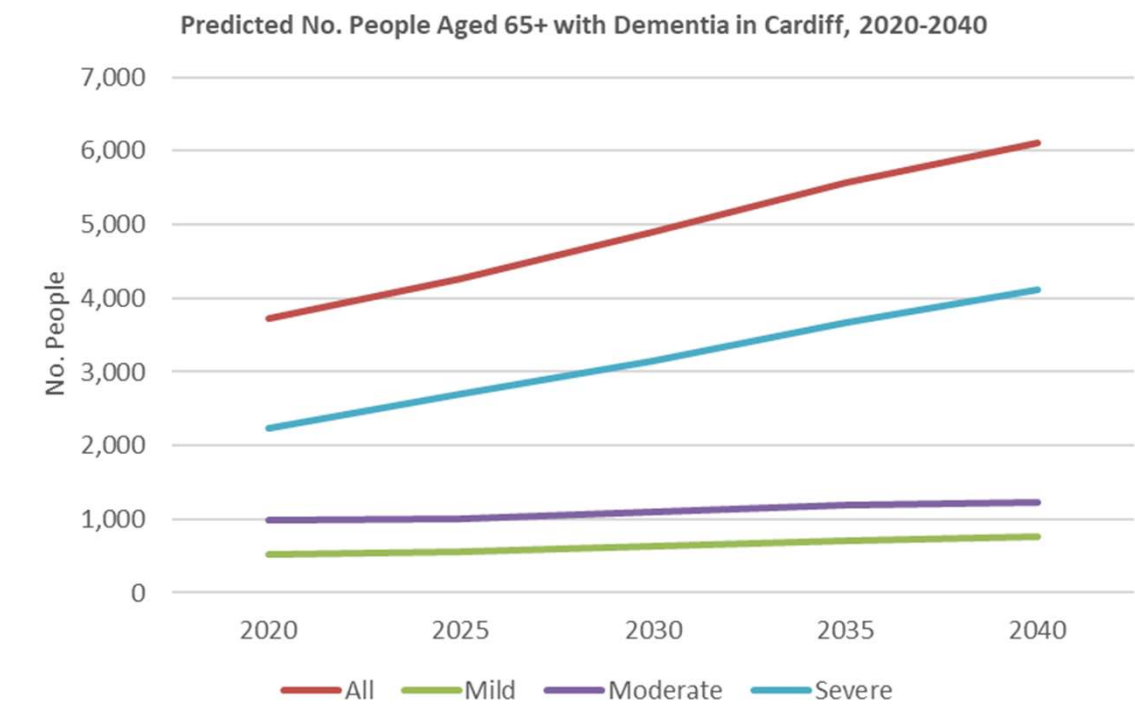


Cardiff						
I am happy with the support from my family, friends and neighbours (Cardiff Council Social Services & Wellbeing Survey)						
	2017-18		2018-19		2019-20	
	No.	%	No.	%	No.	%
Yes	339	83.5	491	86.0	302	84.8
Sometimes	53	13.1	65	11.4	47	13.2
No	14	3.4	15	2.6	7	2.0
Grand Total	406	100.0	571	100.0	356	100.0

Source: Social Services & Well-being Survey, Cardiff Council

7. Dementia Projections

- Key Points:**
- In the next 20 years, the number of people aged 65+ with dementia is projected to increase by almost two thirds.
 - The number of people with severe dementia is projected to almost double



Source: Daffodil

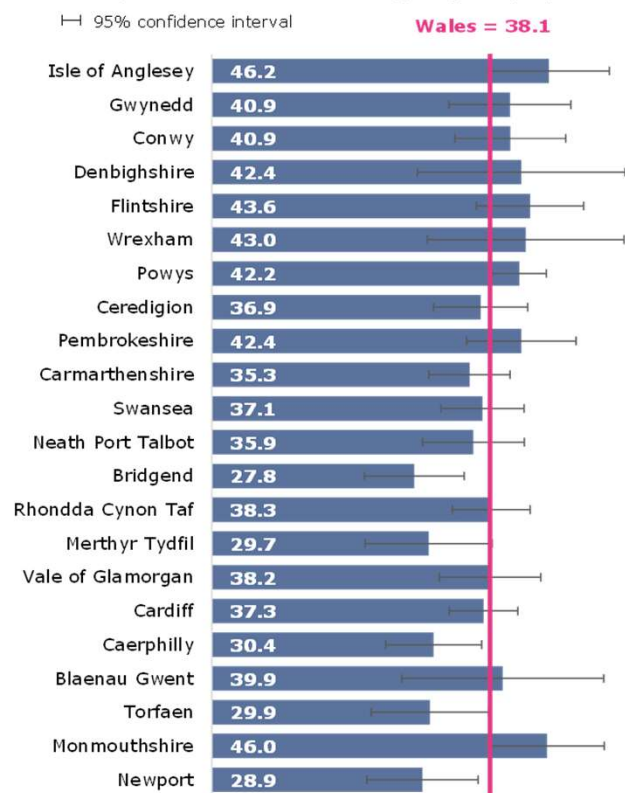
8. Percentage of Older Adults of a Healthy Weight, Persons Aged 65+

Key Points:

- 37.3% of older adults (aged 65+) in Cardiff are of a healthy weight (3 year average 2017/18-2019/20). This compares to the Isle of Anglesey that has the highest percentage among Welsh LAs at 46.2%.

Older adults of a healthy weight, percentage, persons aged 65+, Wales local authorities, 2017/18-2019/20

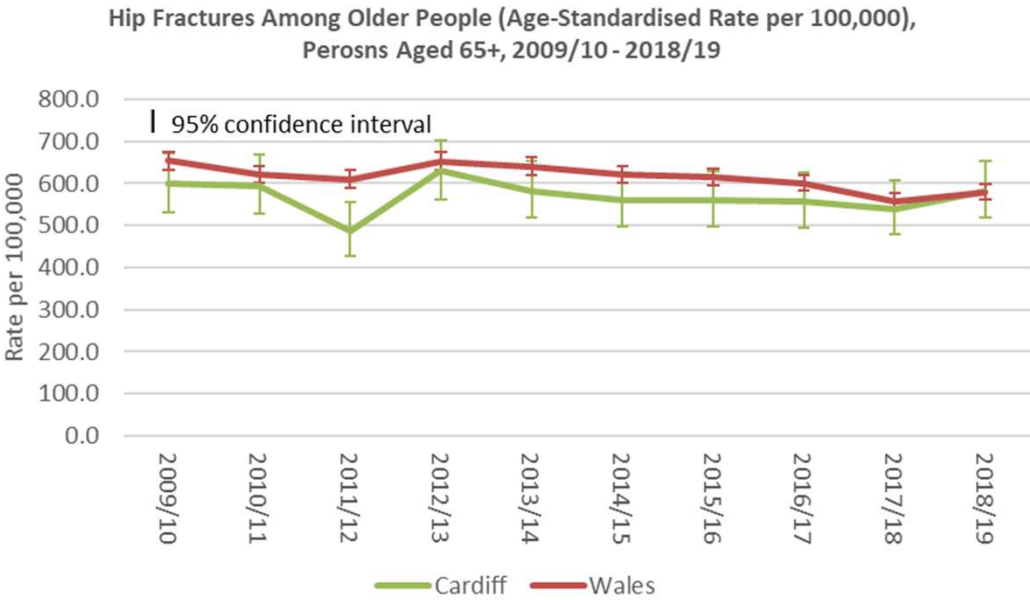
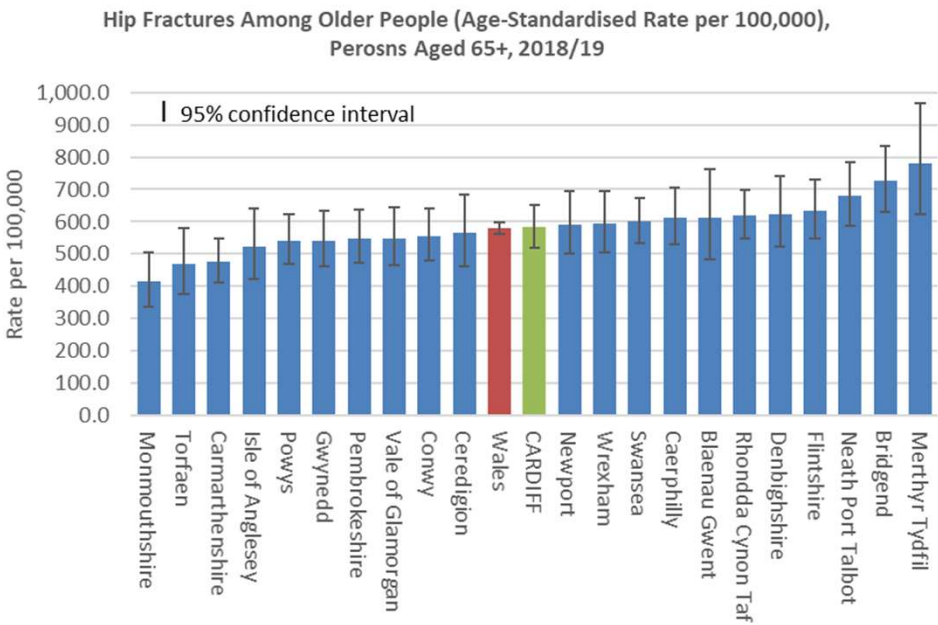
Produced by Public Health Wales Observatory, using NSW (WG)



Source: PHW/Welsh Government

9. Hip Fractures Among Older People

- Key Points:**
- Cardiff is equal to the Wales average in the number of people per 100,000 experiencing a hip fracture
 - Cardiff has been below the Wales average for many years and has in recent years moved equal to it (above Wales average by 3.7 per 100,000)
 - Hip fracture rates vary across the city with some areas having much higher rates than the Wales average and some with much lower rates.
 - **Note:** The dip in 2011/12 is low due to a coding issue that year.

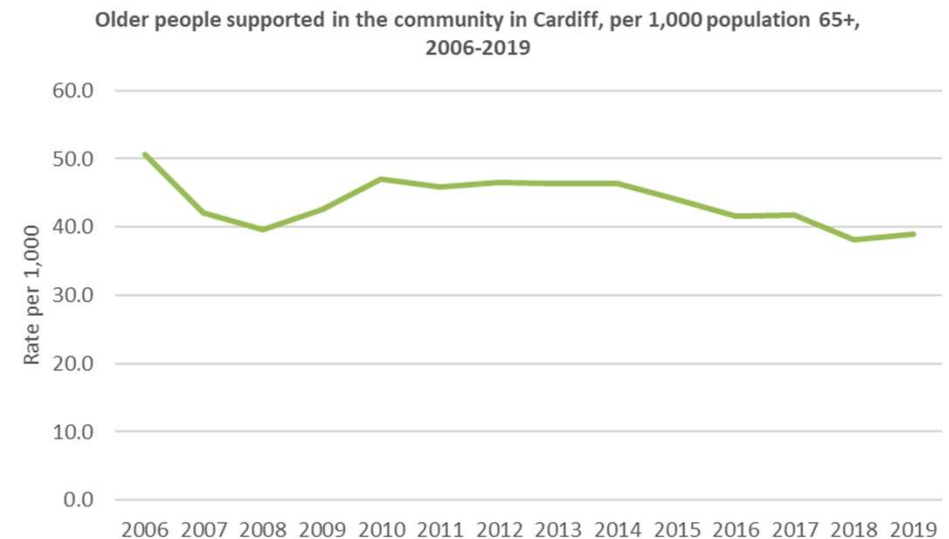
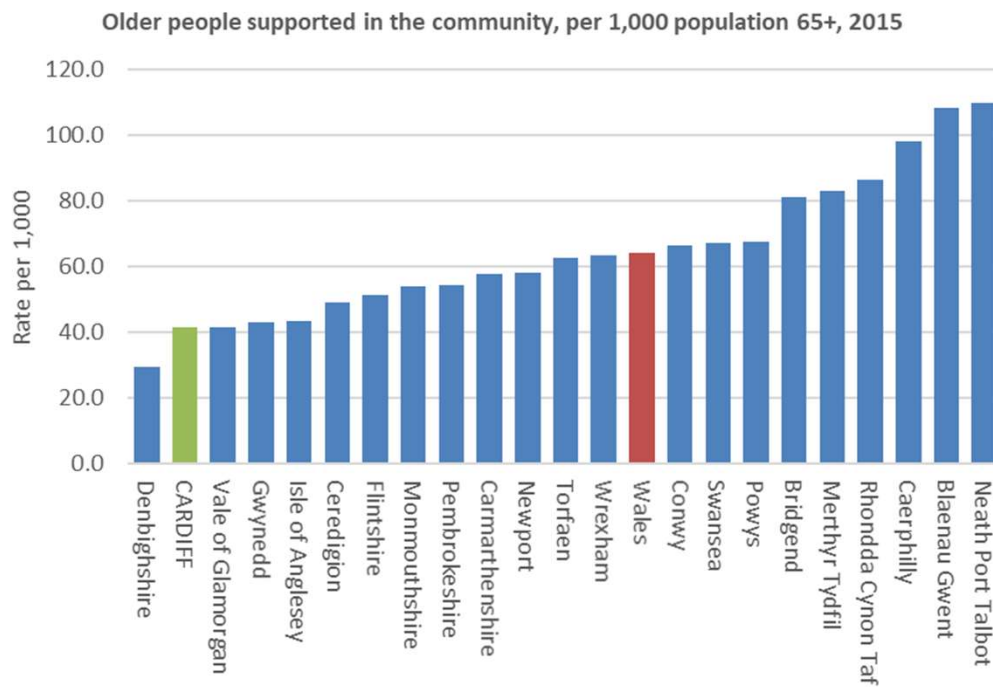


Source: Public Health Wales

10. Older people supported in the community, per 1,000 population 65+

Key Points:

- 2015 latest Wales-wide data available. LAs no longer had to submit National Strategic Indicator data from 2016
- Cardiff has the second lowest rate of support in the community of all Welsh Local Authorities
- The rate is a third lower than the Wales average.
- Data has been collected locally until 2019 and shows a downward trend in the rate of older people supported in the community



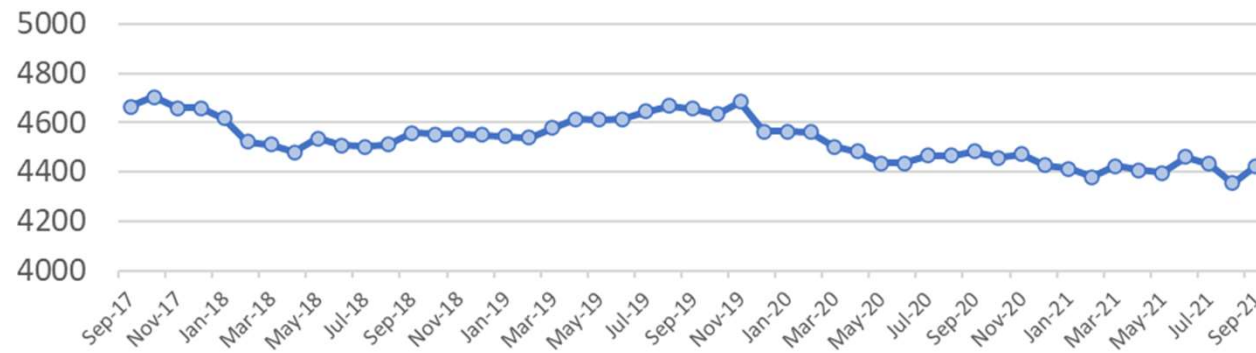
Source: Welsh Government

11. Number of care and support packages provided

Key Points:

- Care and Support Packages are for anyone who need care or cares for someone else.
- The number of Care and Support Packages provided by Adult Services in Cardiff has gradually decreased since 2017. In September 2021, the number of Care and Support packages provided was 4,425.

Number of Care and Support Packages, 2017-2021



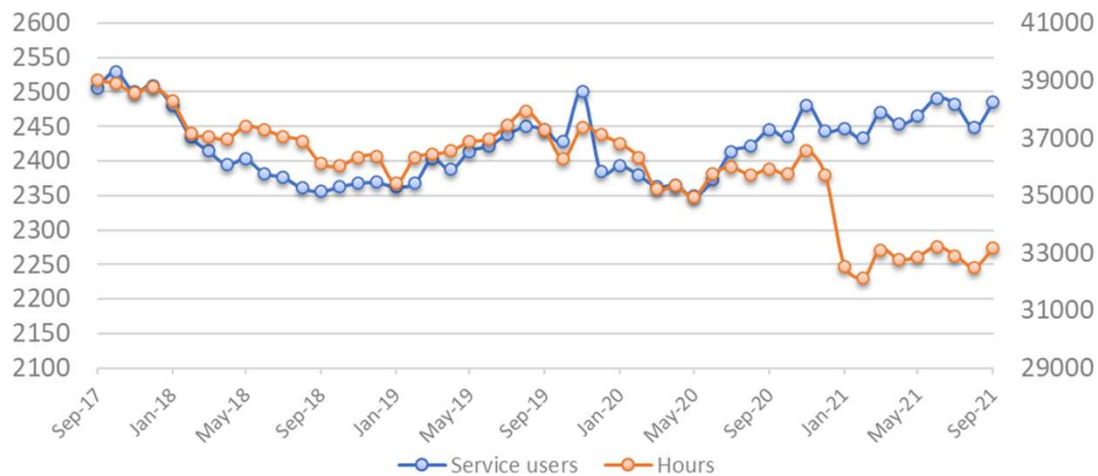
Source: Cardiff Council

12. Domiciliary Care – Number of service users and hours of care provided

Key Points:

- Domiciliary care is also known as in-home care. Between September 2017 and March 2019, there was generally a downward trend in the number of Domiciliary Care service users. Between March 2019 and November 2019, users slightly increased (with a peak seen in November 2019), before decreasing again until May 2020. Since May 2020, the number of users has generally increased, from 2,349 to 2,485 in September 2021, highlighting a surge in demand since the pandemic began.
- Over the same time period, the number of hours of care provided has generally decreased, with a noticeable dip between November 2020 and February 2021.

Domiciliary Care: Number of Service Users and Hours of Care Provided, 2017-2021



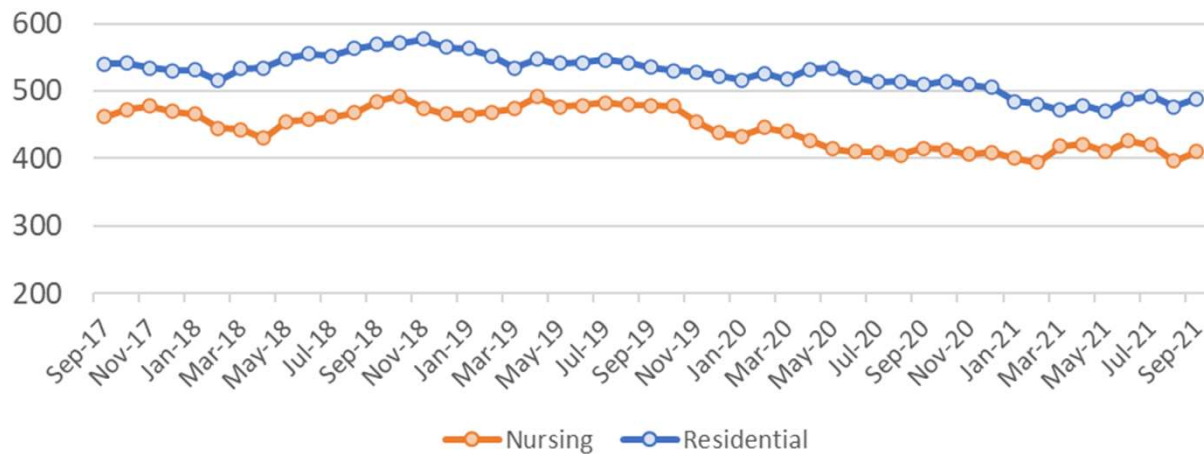
Source: Cardiff Council

13. Number of people requiring residential and nursing care services

Key Points:

- The total number of people requiring residential and nursing care has gradually decreased since 2017. However, 2021 has seen an increase in the number of new service users.

Number of Residential and Nursing Care Service Users, 2017-2021



Source: Cardiff Council